



ABOUT US

The mission of Renew and Revitalize Marriage & Family Institute is to educate, encourage, and empower couples and families be functional, fruitful, and fulfilled in their relationships.



Imagine a world full of healthy families.

Contact Us For More Info

- ☎ 240-391-8030
- 📍 7305 Baltimore Avenue, Suite 307, College Park MD 20740
- ✉ info@renewandrevitalize.com

Telehealth By Appointment
Sliding Scale Offered

RENEW AND REVITALIZE MARRIAGE & FAMILY INSTITUTE

Non-profit 501 (c)(3) organization that provides services to married couples, families, youth, and adults.



REVITALIZE YOU!

MENTAL HEALTH PROGRAM

FREE THERAPY



Our *Revitalize You!* Mental Wellness Program offers free and low cost virtual therapy services to individuals, youth, couples and families who live in Prince George's County, MD within a six mile radius of the MGM National Harbor Gaming facility.

The Renew and Revitalize Marriage & Family Institute offers marriage conferences & retreats, marriage/premarital & family training, marriage/premarital & family counseling sessions and groups, train the trainer workshops, and child & family empowerment programs.

OUR SERVICES

Individual Therapy
College student counseling

Couples Therapy
Premarital counseling

Family Counseling
Adolescent counseling

Marriage Workshops

Free virtual workshops on the topic of self-care



OUR MISSION

We intend to influence the significant reduction in the divorce rate, reduction in child abuse/neglect, and influence the significant increase in the number of healthy married couples and families.

OUR FOUNDERS



Dr. Jendayo Grady (President), Carisa Oyebanjo, LCPC, (Vice President) and Dr. Paula Anderson, LCPC (Vice President)

Founders, Dr. Grady, Dr. Anderson, and Ms. Oyebanjo have each been married for 20 plus years. In addition, combined they have over 40 years of experience counseling individuals and couples.

